THE HAZARD

VOLUNTEERS BUILDING HEALTHY. STRONG. PREPARED COMMUNITIES.

Our mission at the Pierce County Medical Reserve Corps is to utilize dedicated volunteers to improve the public health, safety, preparedness, and emergency response capabilities in Pierce County.



OPEN LOGISTICS SECTION CHIEF POSITION!

We are currently looking for a **Logistics Section Chief** to serve on our Leadership Council.

Some responsibilities entail coordinating supplies, maintaining PC-MRC trailers, assisting in logistics-related training for our unit, etc.

Please contact mrc@tpchd.org with any questions and for more information on how to apply.



UPCOMING BOARD MEETING!

Monday, **October 7th**, 5pm-6pm, via Zoom

Reminder that there are recurring board meetings every first Monday of the month where information about ongoing and upcoming MRC projects are discussed.

Everyone is welcome to attend.

VolunteerHub Link



1/3 Pierce County
residents have
hypertension. This can
lead to heart disease,
the most common cause
of death.

HIGH BLOOD PRESSURE SCREENING Free Clinic

We are dedicated to providing screening for high blood pressure, education, and referrals at no cost.

Neighborhood Clinic

1323 S Yakima Ave Tacoma, WA

Sunday 10/06 and 10/20 Walk-in clinic 12-3 pm

> STOP BY FOR ~20 MINUTES; LEARN HOW TO LOWER YOUR RISK OF HEART DISEASE

WEDNESDAY, OCTOBER 16

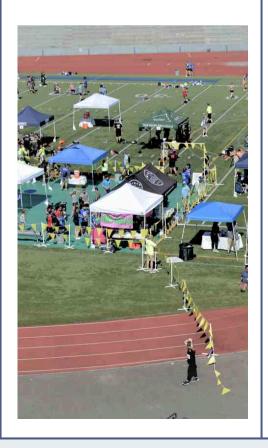
MAKING THE LINK RESOURCE FAIR FOR HEALTHCARE AND SOCIAL SERVICE PROFESSIONALS

10AM-3PM

The Health Care Providers Council of Pierce County (HCPC) is hosting their annual resource fair this month in Tacoma. With exhibitors geared towards those serving elderly and disabled populations, this is a great opportunity for case managers, social service providers, nurses, volunteers, and more to connect with industry professionals. Case managers that attend are able to receive 1 CEU.

Location: STAR Center 3873 S 66th Ave. Tacoma, WA 98409





WEDNESDAY, OCTOBER 2

WASHINGTON STATE BOARD OF NURSING 2024 CONFERENCE

7:30AM-5PM

WABON's 2024 Voice & Vision Conference is taking place this year at the L&I Building in Tumwater, featuring special guest speakers offering presentations on the impact of nursing, empowerment, and explorations of the possibilities nursing has to offer. Attendees are able to receive 5.25 hours of Continuing Education Credits.

Location: Labor & Industries 7273 Linderson Way SW Tumwater, WA 98501



This month's community spotlight is one of Pierce County MRC's partners **Sound Outreach**.

As a 501(c)(3) nonprofit organization operating out of Pierce County, Sound Outreach dedicates itself to the pursuit of economic justice through empowering low-income residents with accessible financial resources.

Sound Outreach offers to Pierce County webinars, general financial coaching, insurance counseling through Statewide Health Insurance Benefits Advisors (SHIBA), and Wrap-Around Services for Families through their involvement with the Center for Strong Families Initiative.

CONTACT 1106 Martin Luther King Jr. Way Tacoma, WA 98405 Phone: (253) 593-2111

HOURS Mon-Thurs 8:30am-5pm Friday by appointment



"We are determined to actively seek out disenfranchised neighbors and disrupt systemic financial and social racism... We will continue to offer a safe space to learn and grow new generations of wealth previously limited through economic inequality."

-LSound Outreach, 2021



LOCATIONS

SUMNER-BONNEY LAKE CENTER FOR STRONG FAMILIES

1508 WILLOW ST SUMNER WA 98390

BETHEL FINANCIAL OPPORTUNITY CENTER

215 166th St S Portable 5, Spanaway WA 98387

HILLTOP FINANCIAL OPPORTUNITY CENTER

> 1106 M.L.K. Jr Way Tacoma, WA 98405

soundoutreach.org



@piercecounty_mrc



@piercecountymrc

Follow us on social media!

Submissions to our social media and/or our newsletter can emailed to yarakaki@tpchd.org